

Septmber Menu Middle School

			September 1, 2022	September 2, 2022	Panther Notes
<b>Mini-Cinnis Rolls</b>	<b>Pancakes</b>	<b>Egg &amp; Cheese Sandwich</b>	<b>Assorted Muffins, Cheese Stick</b>	<b>Breakfast Quesadilla</b>	<b>Lunch Prices</b>
<b>Important Menu Update</b>			Ravioli	Stuffed Crust Pizza	Elementary and Primary \$3.00
Last minute menu changes			Choice of Additional Main Dish	Choice of Additional Main Dish	High and Middle School \$3.25
are occurring frequently and			Romaine Salad	Seasoned Corn	Adult \$4.75
are out of our control due to			Choice of Fruit	Choice of Fruit	Milk \$.50
the nationwide food supply			Texas Toast		
chain issues.					"Choice of Additional Main Dish"
<b>Menus may not reflect these</b>					Pizza, Hamburger, Cheese Burger, Mini Corn Dogs
<b>changes.</b>					Chicken Patty Sandwich, Chicken Fingers, Boscos
<b>September 5, 2022</b>	<b>September 6, 2022</b>	<b>September 7, 2022</b>	<b>September 8, 2022</b>	<b>September 9, 2022</b>	
<b>Assorted Breakfast Breads</b>	<b>Waffles</b>	<b>Sausage &amp; Cheese Sandwich</b>	<b>Breakfast Donuts</b>	<b>Poptart &amp; Yogurt</b>	<b>**Additional Main Dishes Offered**</b>
No School	Soft Tacos	Boneless Wings/dinner roll	Macaroni & Cheese	Stuffed Crust Cheese Pizza	Panther Sandwiches
Labor Day	lettuce/cheese/Jalapeno/tomatoes	Butter Garlic, BBQ, Hot			Subs and Wraps
	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Specialty Salads
	Refried Beans	French Fries	Seasoned Peas	Romaine Salad	Pasta Salad
	Mexican Rice	Fruit	Combread	Choice of Fruit	Side Salads
	Sliced Apples & Cinnamon		Choice of Fruit		Short Cut Carrots
					Fruit Salads
					Assortment of Fresh Fruit,
					Fruit and Fruit Cups
September 12, 2022	September 13, 2022	September 14, 2022	September 15, 2022	September 16, 2022	Yogurt
<b>Mini-Cinnis Rolls</b>	<b>Pancakes</b>	<b>Turkey Ham &amp; Cheese Croissant</b>	<b>Assorted Muffins, Cheese Stick</b>	<b>Breakfast Quesadilla</b>	Offered everyday.
Chicken Fingers	Philly Cheese Steak Sandwich	Grilled Cheese Sandwich	Chicken & Noodles	Pepperoni Calzone	Condiments available in packets
Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	
Alfredo Pasta	Peppers, Onions, Mushrooms	w/pickles spears	Seasoned Green Beans	Romaine Salad	
Seasoned Corn	Cheese French Fries	Baked Beans	Choice of Fruit	Choice of Fruit	Breakfast is Served Everyday with
Choice of Fruit	Choice of Fruit	Choice of Fruit	Pudding w/topping		Choice of Fruit
w/Dinner Roll	Cookie		Dinner Roll		Juice
					Milk
					Cereal Bowl and Bug bites
September 19, 2022	September 20, 2022	September 21, 2022	September 22, 2022	September 23, 2022	Offered Daily as an alternate
<b>Assorted Breakfast Breads</b>	<b>Waffles</b>	<b>Bacon, Egg &amp; Cheese Sandwich</b>	<b>Breakfast Donuts</b>	<b>Poptart &amp; Yogurt</b>	*Cherrio's, *Honey Nut, Trix
Deluxe Beef Steak	French Toast Sticks w/syrup	Buffalo Chicken Hot Bites	Popcorn Chicken Bowl	Stuffed Crust Cheese Pizza	*Fruity Cheerios, Cinn. Toast Crunch
Double Cheeseburger					Cocoa Puffs, *Lucky Charms,
Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Mini Wheats Chocolate & Frosted
lettuce/onion/pickles/tomatoes	Sausage Patties	w/bread - Ranch Dressing	Mashed Potatoes - Corn	Romaine Salad	* Gluten Free
Baked Beans	Potatoes Starz	Seasoned Green Beans	Choice of Fruit	Choice of Fruit	
Choice of Fruit	Orange Juice	Choice of Fruit	Dinner Roll		Fat Free Chocolate,
Baked Chips					1% white milk, skim milk offered every day.
September 26, 2022	September 27, 2022	September 28, 2022	September 29, 2022	September 30, 2022	
<b>Mini-Cinnis Rolls</b>	<b>Pancakes</b>	<b>Egg &amp; Cheese Sandwich</b>	<b>Assorted Muffins, Cheese Stick</b>	<b>Breakfast Quesadilla</b>	All lunches must include a fruit or vegetable serving.
Mini Corn Dogs	Grilled Chicken	Ham & Cheese Croissant	Meatballs in Marinara Sauce	Cheese Quesadilla/salsa	Students must have a minimum of three components
Choice of Additional Main Dish	Cheese,Bacon Sandwich	lettuce, cheese	Choice of Additional Main Dish	Choice of Additional Main Dish	on each tray.
Waffle Fries w/cheese	lettuce, tomatoes, pickles, cheese	Choice of Additional Main Dish	w/ Buttered Noodles	Romaine Salad	
Choice of Fruit	Choice of Additional Main Dish	Seasoned Green Beans	Seasoned Corn	Choice of Fruit	Substitution of items may be necessary
Funnel Fries	Calico Beans	Choice of Fruit	Choice of Fruit		due to deliveries.
	Choice of Fruit	Cheez its	Breadstick		