

August Menu High School

August 1, 2022	August 2, 2022	August 3, 2022	August 4, 2022	August 5, 2022	Panther Notes
					Lunch Prices
					Elementary and Primary \$3.00
					High and Middle School \$3.25
					Adult
					Milk \$.50
					Additional Main Dishes Offered
					Fresh Baked Pizza
					Chicken Patty Sandwich
					Panther Sandwiches
August 8, 2022	August 9, 2022	August 10, 2022	August 11, 2022	August 12, 2022	Subs and Wraps
					Specialty Salads
					Pasta Salad
					Side Salads
					Short Cut Carrots offered everyday
					Fruit Salads
					Assortment of Fresh Fruit,
					Fruit and Fruit Cups
					Yogurt
					Offered everyday.
August 15, 2022	August 16, 2022	August 17, 2022	August 18, 2022	August 19, 2022	
			Assorted Muffins String Cheese	Breakfast Quesadilla	
			First Day of School	Pepperoni Calzones	
			Chicken Fingers w/Dinner Roll		
			Choice of Alternate Main Dish	Choice of Alternate Main Dish	Breakfast is Served Everyday with
			Mashed Potatoes w/gravy	Garden Pasta Salad	Choice of Fruit
			Choice of Fruit	Choice of Fruit	Juice
					Milk
					Cereal Bowl and Bug bites
August 22, 2022	August 23, 2022	August 24, 2022	August 25, 2022	August 26, 2022	Offered Daily as an alternate
Assorted Breakfast Breads	Waffles	Bacon, Egg and Cheese Sandwich	Breakfast Donuts	Poptart & Yogurt	*Cherrio's, *Honey Nut, Trix
Pretzel w/cheese, Yogurt	Taco Taters w/cheese	Pretzel Bacon Cheeseburger	Popcorn Chicken Bowl	Bosco Cheese Breadsticks	*Fruity Cheerios, Cinn. Toast Crunch
Choice of Alternate Main Dish	Choice of Alternate Main Dish	Choice of Alternate Main Dish	Choice of Alternate Main Dish	Choice of Alternate Main Dish	Cocoa Puffs, *Lucky Charms,
Starz Fries	Sour Cream/Jalapeno/salsa/lettuce	Lettuce, Onion, Tomato, Pickles	Mashed Potatoes - Corn	Marinara Sauce	Mini Wheats Chocolate & Frosted
Choice of Fruit	Romaine Salad	Baked Beans	Choice of Fruit	Seasoned Green Beans	* Gluten Free
	Choice of Fruit	Choice of Fruit	Dinner Roll	Choice of Fruit	
	Cornbread	Baked Chips		Cookie	
					Fat Free Chocolate,
					1% white milk, skim milk offered every day.
August 29, 2022	August 30, 2022	August 31, 2022	September 1, 2022	September 2, 2022	
Mini-Cinnis Rolls	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese Stick	Breakfast Quesadilla	
Mini Corn Dogs	French Toast Sticks w/syrup	Buffalo Chicken Hot Bites	Ravioli	Chicken Filet Sandwich	All lunches must include a fruit or vegetable serving.
Choice of Alternate Main Dish	Choice of Alternate Main Dish	Choice of Alternate Main Dish	Choice of Alternate Main Dish	Choice of Alternate Main Dish	Students must have a minimum of three components
Waffle Fries w/cheese	Sausage Patties	w/bread - Ranch Dressing	Romaine Salad	Lettuce, Onion, Tomato, Pickles	on each tray.
Choice of Fruit	Coin Fries	Green Beans	Choice of Fruit	Baked Beans	
Funnel Fries	Orange Juice	Choice of Fruit	Texas Toast	Choice of Fruit	Substitution of items may be necessary
		Dinner Roll		Chocolate Chip Cookie	due to deliveries.