

CAMP REQUEST FORM

SPORT: Football Youth DATES OF CAMP: July 18th, 20th

WHO IS ELIGIBLE?

AGE/GRADE OF PARTICIPANTS: ~~2nd~~ 1st - 6th

NORTON ONLY OR OTHERS: Norton Only

HOW WILL THE CAMP BE ADVERTISED? Flyers
(Please attach a copy of the camp brochure/flier)

COST: 20 early 25 late

COMPLETE THE FOLLOWING:

*COST BREAKDOWN PER CAMPER

T-Shirt/Jersey	<u>6⁰⁰</u>	Instruction	_____
Refreshments	_____	Advertising	_____
Prizes	<u>35-50</u>	Additional Costs	_____
Total	_____		

*NAMES OF COACHES/INSTRUCTORS:

John Tanksley - Varsity Players

*SALARY BREAKDOWN OF COACHES/INSTRUCTORS:

None

The following should be included in your camp brochure/flier:

*A SPECIFIC TIME SCHEDULE FOR EACH DAY

*OBJECTIVES

*FACILITY USE - PLACES, DATES AND TIMES

(Note: Outside groups must complete facility use form and provide liability insurance)

[Signature]
(Signature of Sponsor) _____ (Date)

[Signature]
(Signature of Athletic Director) _____ (Date) 4/26/16

[Signature]
(Signature of Building Principal) _____ (Date) 4.26.17

[Signature]
(Signature of Superintendent) _____ (Date) 5-3-17

PANTHER YOUTH FOOTBALL CAMP

CAMP: Panther Football Camp for any youth grades 1-6.

Dates & Time: Tuesday
July 18 - 9:00am-12:00pm and
Thursday
July 20 - 9:00am-12:00pm

Where New Norton Stadium

Equipment: T-shirt, shorts, and tennis shoes or molded cleats.

Fundamentals: This camp will stress the following Fundamentals:

1. Rules of the Game
2. Safe and proper tackling
3. Proper Blocking Technique stressing the feet and hands, alignment and stance
4. They will Learn and know our main play at the varsity level. "THE O"
5. ALL Defensive Positions and Techniques.
6. ALL Offensive Positions and Techniques.
7. The basic fundamentals of the kicking game.
8. Play Our Air Attack Passing Game
9. Receive a Panther Camp T-shirt:

Cost: \$20.00 Early Registration (deadline 7-1-16)
\$25.00 Late Registration due the first day of camp.

For early registration: **Make check out to Norton High School**

Mail Check to:
Coach John Tanskley
Norton High School
4128 Cleveland-Massillon Road
Norton, Ohio 44203

Or Stop in and see me at the High School

I will also take registrations at the Youth Sign Up Day

This camp is a great opportunity to get prepared for youth football. It is also a great opportunity to be coached by the Varsity Football Players and some of the Varsity Coaches.

Attached Emergency Medical Card to be filled out for camp. After camp days we will return them to you.

Camp Day

TIME	PRACTICE SCHEDULE	COMMENTS
9:00	Meeting	
	Show Facilities	
9:20	Lines Stretch	
9:35	Teach Shuttle/ Box (Backs)	
	Teach How to Run 40 (Line)	
9:45	Switch Teach Shuttle/ Box (Line)	
	Teach How to Run 40 (Backs)	
10:00	Time 40's w/skill	
	Time Box/shuttle w/Line	
10:20	Switch Timings	
10:40	Teach Proper Stances	
	Line, Receivers, Running Backs	
11:00	Teach Fundamentals of Football	
	Gaps/Techniques/Field Zones Ect...	
	Offense - Defense	
11:30	Rag Tag	
11:50	Conclusion Meeting	

YOUTH CAMP DAYS

Time	DAY 2
	Youth Camp
9:00	Meeting Speak about our commitment to Team, Family, Community Yes, No Sir Respect, and our Goals for the season
9:10	Lines and Stretch
9:25	Teach Fundamentals of positions, line of scrimmage, on the line off the line(7men), gaps, techniques, alignments, formations, areas of the field
9:40	Indy "O"
	Line- Blocking-tech and steps Backs- Ball handling, steps QB's- Throwing Tech Recievers- Proper stance, align, routes Out, Slant, Curl, In, Dig, Bingo
10:20	Water
10:25	Indy "D" Each Position for 10 minutes to learn what each other does Put them through a few of your position drills and talk to them about what your position does for 10 minutes of Indy
	3 Groups D-Line Linebackers Defensive Backs
10:55	Drink Break
11:00	Group Defense Teach Our 5-2 Defense Teach each Position Gaps, field zones, Alignment, Pursuit Angles
11:15	Kicking and Punting
11:30	RAG TAG split teams up with 1,2,3 graders and 4,5,6 graders