

## September Lunch Menu Middle School

Monday		Tuesday		Wednesday		Thursday		Panther Notes		
No School Labor Day	2	<u>Entrée Choices</u> Chicken Quesadilla w/salsa, sour cream Chicken Patty Sandwich Chef Salad w/rolls <u>Served With</u> Romaine Salad Choice of Fruit	3	<u>Entrée Choices</u> Stuffed Crust Pizza Chicken Hot Bites w/bread Chef Salad w/rolls  <u>Served With</u> Seasoned Green Beans Choice of Fruit	4	<u>Entrée Choices</u> Salisbury Steak w/gravy Chef Salad w/rolls  <u>Served With</u> Mashed Potatoes Choice of Fruit Sliced Bread	5	<u>Entrée Choices</u> Turkey, Ham & Cheese Club Sandwich on a Pretzel Roll lettuce, onion, tomato pickles, banana peppers, jalapeno's Chef Salad w/rolls <u>Served With</u> Potatoes Wedges Choice of Fruit	6	<b>Lunch Prices</b> H.S. & M.S. \$2.85 Elementary \$2.60 Reduced \$ .40 Adult \$3.75 Milk \$ .50  <u>Breakfast Served Daily</u> <u>In all buildings.</u>
<u>Entrée Choices</u> Chicken Fingers/dinner roll w/sauces Cheeseburger Chef Salad w/rolls  <u>Served With</u> Scalloped Potatoes Choice of Fruit	9	<u>Entrée Choices</u> Chicken & Cheese Enchiladas Shredded Lettuce, Cheese Tomato, Sour Cream Cheese Quesadilla Chef Salad w/rolls <u>Served With</u> Refried Beans Choice of Fruit	10	<u>Entrée Choices</u> Pizza Bosco's w/marinara sauce Chicken Patty Sandwich Chef Salad w/rolls  <u>Served With</u> Romaine /Ice Berg Mixed Salad Choice of Fruit	11	<u>Entrée Choices</u> Turkey Gravy over Mashed Potatoes Chef Salad w/rolls  <u>Served With</u> Seasoned Green Beans Choice of Fruit Biscuit w/jelly	12	<u>Entrée Choices</u> Hot Ham & Cheese Croissant w/pickles BBQ Wings Chef Salad w/rolls  <u>Served With</u> Curley Fries Choice of Fruit Cookie	13	<b>Breakfast Prices</b> \$1.75 Reduced Breakfast \$.30  Fat Free Chocolate, 1% white milk, skim milk offered every day.
<u>Entrée Choices</u> Texas Road House Burger Chicken Patty Sandwich Chef Salad w/rolls  <u>Served With</u> Baked Beans French Fries Choice of Fruit	16	<u>Entrée Choices</u> Breakfast Bowl Scrambled Eggs w/cheese Sausage Gravy Chef Salad w/rolls  <u>Served With</u> Hashbrowns - Sausage Links Choice of Fruit, Orange Juice Biscuit w/jelly	17	<u>Entrée Choices</u> Stuffed Crust Pizza Chicken Nuggets  Chef Salad w/rolls  <u>Served With</u> Strawberry Spinach Salad Choice of Fruit	18	<u>Entrée Choices</u> Shells & Cheese  Chef Salad w/rolls  <u>Served With</u> Seasoned Peas Corn Bread Choice of Fruit	19	<u>Entrée Choices</u> Buffalo Chicken Hot Bites w/bread - Ranch Dressing Grilled Cheese Chef Salad w/rolls  <u>Served With</u> Seasoned Green Beans Ranch Noodles Choice of Fruit	20	<b>Featuring Daily Choices of:</b> Panther Sandwiches Subs and Wraps  Specialty Salads Side Salads Short Cut Carrots  Fruit Salads Assortment of Fresh Fruit, Fruit and Fruit Cups Yogurt Offered every day.
<u>Entrée Choices</u> Foot Long Hot Dog Coney Sauce, Cheese, Onions Chicken Patty Sandwich Chef Salad w/rolls  <u>Served With</u> Baked Beans - Curley Fries Choice of Fruit w/g Gold Fish Crackers	23	<u>Entrée Choices</u> Spaghetti w/meatballs Chicken Fingers Chef Salad w/rolls  <u>Served With</u> Romaine Salad Choice of Fruit w/ Texas Toast	24	<u>Entrée Choices</u> Pepperoni Pizza Cheeseburger Mini Corn Dogs Chef Salad w/rolls  <u>Served With</u> Seasoned Curley Fries Choice of Fruit	25	<u>Entrée Choices</u> Popcorn Chicken Bowl Mashed Potatoes w/gravy Chef Salad w/rolls  <u>Served With</u> Seasoned Corn Choice of Fruit Dinner Roll	26	<u>Entrée Choices</u> Pulled Pork Sandwich Mini Corn Dogs Chef Salad w/rolls  <u>Served With</u> Homemade Cole Slaw French Fries Choice of Fruit Chocolate Brownie	27	All lunches must include a fruit or vegetable serving. Students must have a minimum of three components on each tray.
<u>Entrée Choices</u> French Toast Sticks w/syrup Sausage Links BBQ Wings Chef Salad w/rolls <u>Served With</u> Potatoes Coins Choice of Fruit or Orange Juice	30	<b>Taco Tuesday!</b> <u>Entrée Choices</u> Street Taco's Tomatoes, Onions, Sour Cream Cheese Quesadilla Chef Salad w/rolls <u>Served With</u> Fiesta Beans Choice of Fruit	1	<u>Entrée Choices</u> Stuffed Crust Pizza w/marinara sauce Chicken Patty Sandwich Chef Salad w/rolls <u>Served With</u> Romaine Salad Choice of Fruit	2	<u>Entrée Choices</u> General Tso's Chicken Bowl Beef Teriyaki Dippers Chef Salad w/rolls  <u>Served With</u> w/steamed rice - broccoli Dinner Roll Choice of Fruit	3	<u>Entrée Choices</u> Grilled Chicken & Cheese Sub lettuce/cheese/Jalapeno/tomatoes Turkey Ham & Cheese Calzone Chef Salad w/rolls <u>Served With</u> Seasoned Green Beans Choice of Fruit	4	Substitution of items may be necessary due to deliveries.  This Institution is an Equal Opportunity Provider



