Septmber Menu High School

		September 1, 2021	September 2, 2021	September 3, 2021	Panther Notes
Cheese & Egg Bosco Breadstick	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese Stick	Mini-Cinnis Rolls	Lunch Prices
Important Menu Update		Buffalo Chicken Hot Bites	Ravioli	Chicken Filet Sandwich	Breakfast and Lunch will be FREE
Last munute menu changes		Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	for the 2021/2022 school year.
are occurring frequently and		w/bread - Ranch Dressing	Romaine Salad	lettuce/onion/pickles/tomatoes	Adult $4.00
are out of our control due to		Seasoned Green Beans	Choice of Fruit	Black Beans and Corn	Milk $.50
the nationwide food supply		Choice of Fruit	Texas Toast	Choice of Fruit	
chain issues.				Chocolate Chip Cookie	**Additional Main Dishes Offered**
Menus may not reflect these					Fresh Baked Pizza
changes.					Chicken Patty Sandwich
September 6, 2021	September 7, 2021	September 8, 2021	September 9, 2021	September 10, 2021	Panther Sandwiches
Pop Tart - Cheese Stick	Waffles Blueberry or Cinnamon	Chicken & Biscuits Sandwich	Breakfast Donuts	Assorted Breakfast Breads	Subs and Wraps
No School	Soft Chicken Taco	Boneless Wings/dinner roll	Macaroni & Cheese	Ham & Cheese Croissant	Specialty Salads
Labor Day	ettuce/cheese/Jalapeno/tomatoes	Butter Garlic, BBQ, Hot		lettuce, cheese	Pasta Salad
	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Side Salads
	Refried Beans	French Fries	Seasoned Peas	Seasoned Green Beans	Short Cut Carrots
	Mexican Rice	Fruit	Cornbread	Choice of Fruit	Fruit Salads
	Sliced Apples & Cinnamon	Cheese Breadstick	Choice of Fruit	Cheez its	Assortment of Fresh Fruit,
					Fruit and Fruit Cups
					Yogurt
September 13, 2021	September 14, 2021	September 15, 2021	September 16, 2021	September 17, 2021	Offered everyday.
Apple Frudel	Pancakes	Turkey Ham and Cheese	Assorted Muffins, Cheese Stick	Mini-Cinnis Rolls	
Chicken Fingers	Philly Cheese Steak Sandwich	Pepperoni Calzone	Chicken & Noodles	Grilled Cheese Sandwich	Condiments available in packets
Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	
Alfredo Pasta	Peppers, Onions, Mushrooms	Romaine Salad	Seasoned Green Beans	w/pickles spears	Breakfast is Served Everyday with
Seasoned Corn	Cheese French Fries	Choice of Fruit	Choice of Fruit	Baked Beans	Choice of Fruit
Choice of Fruit	Choice of Fruit		Pudding w/topping	Choice of Fruit	Juice
w/Dinner Roll	Cookie		Dinner Roll		Milk
					Cereal Bowl and Bug bites
September 20, 2021	September 21, 2021	September 22, 2021	September 23, 2021	September 24, 2021	Offered Daily as an alternate
Sausage Pancake Sandwich	Waffles Blueberry or Cinnamon	Bacon, Egg and Cheese	Breakfast Donuts	Assorted Breakfast Breads	*Cherrio's, *Honey Nut, Trix
Deluxe Beef Steak	French Toast Sticks w/syrup	Chef Salad	Popcorn Chicken Bowl	Bosco Cheese Breadsticks	*Fruity Cheerios, Cinn. Toast Crunch
Double Cheeseburger		Turkey, Ham, Cheese, Carrots			Cocoa Puffs, *Lucky Charms,
Choice of Additional Main Dish	Choice of Additional Main Dish	cucumber, peppers	Choice of Additional Main Dish	Choice of Additional Main Dish	Mini Wheats Chocolate & Frosted
lettuce/onion/pickles/tomatoes	Sausage Patties	Choice of Additional Main Dish	Mashed Potatoes - Corn	w/ marinara sauce	* Gluten Free
Baked Beans	Potatoes Starz	Choice of Fruit	Choice of Fruit	Seasoned Green Beans	
Choice of Fruit	Orange Juice	Cheese Breadstick	Dinner Roll	Choice of Fruit	
Baked Chips		Cookie			Fat Free Chocolate,
					1% white milk, skim milk offered every day.
September 27, 2021	September 28, 2021	September 29, 2021	September 30, 2021	October 1, 2021	
Cheese & Egg Bosco Breadstick	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese Stick	Mini-Cinnis Rolls	
Mini Corn Dogs	Grilled Chicken	Cheese Quesadilla/salsa	Meatballs in Marinara Sauce	Italian Sub Sandwich	All lunches must include a fruit or vegetable serving.
Choice of Additional Main Dish	Cheese,Bacon Sandwich	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Students must have a minimum of three components
Waffle Fries w/cheese	ettuce, tomatoes, pickles, cheese	Romaine Salad	w/ Buttered Noodles	Starz Fries	on each tray.
Choice of Fruit	Choice of Additional Main Dish	Choice of Fruit	Seasoned Green Beans	Choice of Fruit	
Funnel Fries	Calico Beans		Choice of Fruit	Cookie	Substitution of items may be necessary
	Choice of Fruit		Breadstick		due to deliveries.

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