

Septmber Menu High School

				9/212023	Panther Notes
Mini-Cinnis Rolls	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese Stick	Breakfast Quesadilla	Lunch Prices
				Bosco Cheese Breadsticks	Elementary and Primary \$3.00
				Choice of Alternate Main Dish	High and Middle School \$3.25
				Marinara Sauce	Adult \$4.00
				Seasoned Green Beans	Milk \$.50
				Choice of Fruit	
					Additional Main Dishes Offered
					Fresh Baked Pizza
					Chicken Patty Sandwich
September 4, 2023	September 5, 2023	September 6, 2023	September 7, 2023	September 8, 2023	Panther Sandwiches
Assorted Breakfast Breads	Waffles	Sausage & Cheese Sandwich	Breakfast Donuts	Poptart & Yogurt	Subs and Wraps
Labor Day	French Toast Sticks w/syrup	Buffalo Chicken Hot Bites	Spaghetti w/meat sauce	Ham & Cheese Croissant	Specialty Salads
No School	Choice of Alternate Main Dish	Choice of Alternate Main Dish	Choice of Alternate Main Dish	Choice of Alternate Main Dish	Pasta Salad
	Sausage Patties	Ranch Dressing	Romaine Salad	Lettuce, Onion, Tomato, Pickles	Side Salads
	Coin Fries	Green Beans	Choice of Fruit	Baked Beans	Short Cut Carrots
	Orange Juice	Choice of Fruit	Texas Toast	Choice of Fruit	Fruit Salads
		Dinner Roll		Chocolate Chip Cookie	Assortment of Fresh Fruit,
					Fruit and Fruit Cups
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September 11, 2023	September 12, 2023	September 13, 2023	September 14, 2023	September 15, 2023	Offered everyday.
Mini-Cinnis Rolls	Pancakes	Turkey Ham & Cheese Croissant	Assorted Muffins, Cheese Stick	Breakfast Quesadilla	
Chicken Fingers	Philly Cheese Steak Sandwich	Pepperoni Calzone	Chicken & Noodles	Grilled Cheese Sandwich	Condiments available in packets
Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	
Alfredo Pasta	Peppers, Onions, Mushrooms	Romaine Salad	Seasoned Green Beans	w/pickles spears	Breakfast is Served Everyday with
Seasoned Corn	Cheese French Fries	Choice of Fruit	Choice of Fruit	Baked Beans	Choice of Fruit
Choice of Fruit	Choice of Fruit		Pudding w/topping	Choice of Fruit	Juice
w/Dinner Roll	Cookie		Dinner Roll		Milk
September 18, 2023	September 19, 2023	September 20, 2023	September 21, 2023	September 22, 2023	Cereal Bowl and Bug bites
Assorted Breakfast Breads	Waffles	Bacon, Egg & Cheese Sandwich	Breakfast Donuts	Poptart & Yogurt	Offered Daily as an alternate
Deluxe Beef Steak	Pizza Crunchers	Cuban Sandwich	Popcorn Chicken Bowl	Pineapple Teriyaki Meatballs	*Cherrio's, *Honey Nut, Trix
Double Cheeseburger	w/ marinara sauce	Ham, Swiss Cheese, Pickles		w/rice	*Fruity Cheerios, Cinn. Toast Crunch
Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Cocoa Puffs, *Lucky Charms,
lettuce/onion/pickles/tomatoes	Romaine Salad	Seasoned Green Beans	Mashed Potatoes - Corn	Broccoli	Mini Wheats Chocolate & Frosted
Baked Beans	Choice of Fruit	Onion Rings	Choice of Fruit	Choice of Fruit	* Gluten Free
Choice of Fruit		Choice of Fruit	Dinner Roll	Dinner Roll	
Baked Chips				Cookie	
					Fat Free Chocolate,
					1% white milk, skim milk offered every day.
September 25, 2023	September 26, 2023	September 27, 2023	September 28, 2023	September 29, 2023	
Mini-Cinnis Rolls	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese Stick	Breakfast Quesadilla	
Mini Corn Dogs	Grilled Chicken	Cheese Quesadilla/salsa	Meatballs in Marinara Sauce	Italian Sub Sandwich	All lunches must include a fruit or vegetable serving.
Choice of Additional Main Dish	Cheese,Bacon Sandwich	Choice of Additional Main Dish	Choice of Additional Main Dish	Choice of Additional Main Dish	Students must have a minimum of three components
Waffle Fries w/cheese	lettuce, tomatoes, pickles, cheese	Romaine Salad	w/ Buttered Noodles	Starz Fries	on each tray.
Choice of Fruit	Choice of Additional Main Dish	Choice of Fruit	Seasoned Green Beans	Choice of Fruit	
Funnel Fries	Calico Beans		Choice of Fruit	Cookie	Substitution of items may be necessary
	Choice of Fruit		Breadstick		due to deliveries.

