

				September 1, 2023	Panther Notes
Assorted Breakfast Breads	Waffles	Bacon, Egg & Cheese	Breakfast Donuts	Poptart & Yogurt	Lunch Prices
Alternate Main Dish				Pepperoni Calzone	Elementary and Primary \$3.00
Only Elementary				Marinara Sauce	High and Middle School \$3.25
Hot Dog w/bun				Seasoned Green Beans	Adult \$4.00
Wow P&J Sandwich				Choice of Fruit	Milk \$.50
Elementary Chef Salad w/rolls					
September 4, 2023	September 5, 2023	September 6, 2023	September 7, 2023	September 8, 2023	Breakfast Served Daily
Mini-Cinnis Rolls	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese	Breakfast Quesadilla	in all buildings
No School	Grilled Cheese Sandwich	French Toast Sticks w/syrup	Popcorn Chicken Bowl	Stuffed Crust Cheese Pizza	Breakfast is Served Everyday with
Labor Day	Seasoned Green Beans	Sausage Patties	Mashed Potatoes - Corn	Romaine Salad	Choice of Fruit
	Choice of Fruit	Potatoes Starz	Choice of Fruit	Choice of Fruit	Juice
	Pudding w/topping	Orange Juice	Cornbread		Milk
September 11, 2023	September 12, 2023	September 13, 2023	September 14, 2023	September 15, 2023	Cereal Bowl and Bug bites
Mini-Cinnis Rolls	Pancakes	Turkey Ham & Cheese	Assorted Muffins, Cheese	Breakfast Quesadilla	Offered Daily as an alternate
Cheese Breadstick	Soft Taco	Grilled Cheese Sandwich	Chicken & Noodles	Stuffed Crust Cheese Pizza	*Cherio's, *Honey Nut, Trix
w/marinara sauce	w/ lettuce/cheese	Curly Fries	Green Beans	Romaine Salad w/dressing	*Fruity Cheerios, Cinn. Toast Crunch
Seasoned Corn	Refried Beans	Choice of Fruit	Choice of Fruit	Choice of Fruit	Cocoa Puffs, *Lucky Charms,
Choice of Fruit	Mexican Rice	Jello Fluff	Cornbread		Mini Wheats Chocolate & Frosted
	Sliced Apples & Cinnamon				* Gluten Free
September 18, 2023	September 19, 2023	September 20, 2023	September 21, 2023	September 22, 2023	
Assorted Breakfast Breads	Waffles	Bacon, Egg & Cheese	Breakfast Donuts	Poptart & Yogurt	Fat Free Chocolate,
Chicken Fingers w/Dinner	French Toast Sticks w/syrup	BBQ Boneless Wings	Popcorn Chicken Bowl	Pepperoni Calzone	1% white milk, skim milk offered every day.
Baked Beans	Sausage Patties	Dinner roll	Mashed Potatoes - Corn	Romaine Salad w/dressing	
Choice of Fruit	Potatoes Starz	Seasoned Green Beans	Choice of Fruit	Choice of Fruit	Featuring Daily Choices of:
Cookie	Orange Juice	Fruit	Dinner Roll		Assortment of Fresh Fruit,
					Fruit and Fruit Cups and
September 25, 2023	September 26, 2023	September 27, 2023	September 28, 2023	September 29, 2023	Short Cut Carrots offered every day.
Mini-Cinnis Rolls	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese	Breakfast Quesadilla	
Mini Corn Dogs	Quesadilla/salsa	Italian Sub Sandwich	Macaroni & Cheese	Stuffed Crust Pepperoni Pizza	All lunches must include a fruit or vegetable serving.
Waffle Fries w/cheese	Fiesta Beans	Starz Fries	Seasoned Green Beans	Romaine Salad w/dressing	Students must have a minimum of three components
Choice of Fruit	Choice of Fruit	Choice of Fruit	Dinner Roll	Choice of Fruit	on each tray.
Funnel Fries		Cookie	Choice of Fruit		Substitution of items may be necessary
					due to deliveries.
		This Institution is an Equal Opportunity Provider			