

				October 1, 2021	Panther Notes
Cheese & Egg Bosco	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese	Mini-Cinnis Rolls	<u>Lunch Prices</u>
Alternate Main Dish	Important Menu Update			Italian Sub Sandwich	Breakfast and Lunch will be FREE
Only Elementary	Last minute menu changes			Starz Fries	for the 2021/2022 school year.
Hot Dog w/bun	are occurring frequently and			Choice of Fruit	Adult \$4.00
Wow P&J Sandwich	are out of our control due to			Cookie	Milk \$.50
Elementary Chef Salad w/rolls	the nationwide food supply	Menus may not reflect these			
	chain issues.	changes.			
October 4, 2021	October 5, 2021	October 6, 2021	October 7, 2021	October 8, 2021	Breakfast Served Daily
Pop Tart - Cheese Stick	Waffles Blueberry or Cinnamon	Chicken & Biscuits Sandwich	Breakfast Donuts	Assorted Breakfast Breads	in all buildings
Grill Chicken & Cheese Sandwich	Mexican Pizza Tuesday	Stuffed Crust Cheese Pizza	Macaroni & Cheese	No School	Breakfast is Served Everyday with
Seasoned Green Beans	w/lettuce, cheese	Romaine Salad w/dressing	Seasoned Peas		Choice of Fruit
Choice of Fruit	Refried Beans	Choice of Fruit	Dinner Roll		Juice
Oreo Cookie	Mexican Rice		Choice of Fruit		Milk
	Sliced Apples & Cinnamon				
October 11, 2021	October 12, 2021	October 13, 2021	October 14, 2021	October 15, 2021	Cereal Bowl and Bug bites
Apple Frudel	Pancakes	Turkey Ham and Cheese	Assorted Muffins, Cheese	Mini-Cinnis Rolls	Offered Daily as an alternate
No School	Chicken Fingers w/Dinner Roll	Footlong Hot Dogs	Salisbury Steak w/gravy	Deep Dish Cheese Pizza	*Cherrio's, *Honey Nut, Trix
	Baked Beans	Seasoned Green Beans	Mashed Potatoes	Romaine Salad w/dressing	*Fruity Cheerios, Cinn. Toast Crunch
	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Cocoa Puffs, *Lucky Charms,
		Cookie	Dinner Roll		Mini Wheats Chocolate & Frosted
					* Gluten Free
October 18, 2021	October 19, 2021	October 20, 2021	October 21, 2021	October 22, 2021	
Sausage Pancake Sandwich	Waffles Blueberry or Cinnamon	Bacon, Egg and Cheese	Breakfast Donuts	Assorted Breakfast Breads	Fat Free Chocolate,
Mini Corn Dogs	Hot Ham and Cheese Sandwich	French Toast Sticks w/syrup	Popcorn Chicken Bowl	Stuffed Crust Cheese Pizza	1% white milk, skim milk offered every day.
Calico Beans	Romaine Salad w/dressing	Sausage Patties	Mashed Potatoes - Corn	Seasoned Green Beans	
Choice of Fruit	Choice of Fruit	Potatoes Starz	Choice of Fruit	Choice of Fruit	<u>Featuring Daily Choices of:</u>
Soft Pretzel	Campfire S'more Bar	Orange Juice	Dinner Roll		Assortment of Fresh Fruit,
					Fruit and Fruit Cups and
					Short Cut Carrots offered every day.
October 25, 2021	October 26, 2021	October 27, 2021	October 28, 2021	October 29, 2021	
Cheese & Egg Bosco	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese	Mini-Cinnis Rolls	
"Panther Happy Meal"	Quesadilla/salsa	Boneless Wings w/dinner roll	Spaghetti w/meat sauce	Stuffed Crust Pepperoni Pizza	All lunches must include a fruit or vegetable serving.
Cheeseburger	Fiesta Beans	BBQ Sauce	Seasoned Green Beans	Romaine Salad w/dressing	Students must have a minimum of three components
French Fries	Choice of Fruit	Seasoned Corn	Choice of Fruit	Choice of Fruit	on each tray.
Go Gurt Yogurt		Choice of Fruit	Breadstick		Substitution of items may be necessary
Apple Slices					due to deliveries.
This Institution is an Equal Opportunity Provider					

