

Primary and Elementary

Elementary & Primary		November 1, 2023	November 2, 2023	November 3, 2023	Panther Notes
	Waffles	Sausage & Cheese Sandwich	Breakfast Donuts	Poptart & Yogurt	Lunch Prices
		French Toast Sticks w/syrup	Ham and Cheese Calzone	Stuffed Crust Pepperoni Pizza	Elementary & Primary \$3.00
		Sausage Patties	French Fries	Romaine Salad	High School & Middle \$3.25
		Potatoes Starz	Choice of Fruit	Choice of Fruit	Adult \$4.50
		Orange Juice	Cookie		Milk \$.50
November 6, 2023	November 7, 2023	November 8, 2023	November 9, 2023	November 10, 2023	
Mini-Cinnis Rolls	Pancakes	Turkey Ham & Cheese Croissant	Assorted Muffins, Cheese Stick	Breakfast Quesadilla	Breakfast Served Daily
Chicken Fingers w/Dinner Roll	Mini Corn Dogs	Fish Sandwich w/cheese	Popcorn Chicken Bowl	No School	in all buildings
Baked Beans	Waffle Fries w/cheese	Tartar Sauce	Mashed Potatoes - Corn		Breakfast is Served Everyday with
Choice of Fruit	Choice of Fruit	Cole Slaw	Choice of Fruit		Choice of Fruit
		Choice of Fruit	Dinner Roll		Juice
		Apple Crisp w/topping			Milk
November 13, 2023	November 14, 2023	November 15, 2023	November 16, 2023	November 17, 2023	
Assorted Breakfast Breads	Waffles	Bacon, Egg & Cheese Sandwich	Breakfast Donuts	Poptart & Yogurt	Cereal Bowl and Bug bites
Quesadilla/salsa	Rigatoni w/meat sauce	Chicken Nuggets	Sliced Turkey	Pizza Crunchers	Offered Daily as an alternate
Fiesta Beans	Romaine Salad	w/sauce	Mashed Potatoes w/gravy	Seasoned Corn	*Cherrio's, *Honey Nut, Trix
Choice of Fruit	Choice of Fruit	Seasoned Green Beans	Stuffing	Choice of Fruit	*Fruity Cheerios, Cinn. Toast Crunch
	Texas Toast	Choice of Fruit	Choice of Fruit		Cocoa Puffs, *Lucky Charms,
		Dinner Roll	Dinner Roll		Mini Wheats Chocolate & Frosted
			Harvest Cake w/icing		* Gluten Free
November 20, 2023	November 21, 2023	November 22, 2023	November 23, 2023	November 24, 2023	
Mini-Cinnis Rolls	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese Stick	Breakfast Quesadilla	Fat Free Chocolate,
"Panther Happy Meal"	Grilled Chicken & Bacon	No School		No School	1% white milk, skim milk offered every day.
Cheeseburger	Sandwich w/ cheese				Featuring Daily Choices of:
French Fries	Seasoned Green Beans				Assortment of Fresh Fruit,
Go Gurt Yogurt	Choice of fruit				Fruit and Fruit Cups and
Apple Slices	Pumpkin Pie Cookie				Short Cut Carrots offered every day.
					Alternate Main Dish
					Hot Dog w/bun
					Wow P&J Sandwich
November 27, 2023	November 28, 2023	November 29, 2023	November 30, 2023	December 1, 2023	
Assorted Breakfast Breads	Waffles	Sausage & Cheese Sandwich	Breakfast Donuts	Poptart & Yogurt	Elementary Chef Salad w/rolls
No School	Grilled Cheese Sandwich	Boneless Wings w/dinner roll	Macaroni & Cheese	Stuffed Crust Cheese Pizza	
	Tomato Soup	BBQ Sauce	Seasoned Peas	Romaine Salad w/dressing	All lunches must include a fruit or vegetable serving.
	Seasoned Green Beans	Sweet Potato Fries	Choice of Fruit	Choice of Fruit	Students must have a minimum of three components
	Choice of Fruit	Choice of Fruit	Cornbread		on each tray.
					Substitution of items may be necessary
					due to deliveries.
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