Primary and Elementary

January 2, 2023	January 3, 2023	January 4, 2023	January 5, 2023	January 6, 2023	Panther Notes
Assorted Breakfast Breads	Waffles	Sausage & Cheese Sandwich	Breakfast Donuts	Poptart & Yogurt	Lunch Prices
No School	No School	Chicken Nuggets	Macaroni & Cheese	Stuffed Crust Cheese Pizza	Elementary & Primary $3.00
		French Fries	Seasoned Peas	Romaine Salad w/dressing	High School & Middle $3.25
		Choice of Fruit	Choice of Fruit	Choice of Fruit	Adult $4.50
		Dinner Roll	Cornbread		Milk $.50
January 9, 2023	**January 10, 2023**	**January 11, 2023**	**January 12, 2023**	**January 13, 2023**	
Mini-Cinnis Rolls	Pancakes	Turkey Ham & Cheese Croissant	Assorted Muffins, Cheese Stick	Breakfast Quesadilla	Breakfast Served Daily
Chicken Tenders w/Dinner Roll	Taco Tuesday	French Toast Sticks w/syrup	Popcorn Chicken Bowl	Cooks Choice Pizza	in all buildings
Seasoned Green Beans	Soft Taco	Sausage Patties	Mashed Potatoes - Corn	Romaine Salad w/dressing	Breakfast is Served Everyday with
Choice of Fruit	w/lettuce, cheese	Potatoes Starz	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Refried Beans	Orange Juice	Dinner Roll		Juice
	Choice of Fruit				Milk
	Snickerdoodle Cookie				
January 16, 2023	**January 17, 2023**	**January 18, 2023**	**January 19, 2023**	**January 20, 2023**	Cereal Bowl and Bug bites
Assorted Breakfast Breads	Waffles	Bacon, Egg & Cheese Sandwich	Breakfast Donuts	Poptart & Yogurt	Offered Daily as an alternate
No School	Footlong Hot Dogs	EZ Jammers Sandwich	Chicken Alfredo	Stuffed Crust Pepperoni Pizza	*Cherrio's, *Honey Nut, Trix
Martin Luther King Day	Calico Beans	Yogurt	Romaine Salad w/dressing	Seasoned Green Beans	*Fruity Cheerios, Cinn. Toast Crunch
	Choice of Fruit	Hashbrown	Choice of Fruit	Choice of Fruit	Cocoa Puffs, *Lucky Charms,
	Goldfish Crackers	Choice of Fruit	Breadstick		Mini Wheats Chocolate & Frosted
			Brownie w/icing		* Gluten Free
January 23, 2023	**January 24, 2023**	**January 25, 2023**	**January 26, 2023**	**January 27, 2023**	Fat Free Chocolate,
Mini-Cinnis Rolls	Pancakes	Egg & Cheese Sandwich	Assorted Muffins, Cheese Stick	Breakfast Quesadilla	1% white milk, skim milk offered every day.
French Dip Sandwich	"Panther Happy Meal"	Beef Teriyaki Dippers	Oven Baked Chicken	Cheese Pizza	Featuring Daily Choices of:
w/cheese & au jus	Chicken Patty Sandwich	w/Rice and Teriyaki Sauce	French Fries	Romaine Salad	Assortment of Fresh Fruit,
Seasoned Green Beans	French Fries	Broccoli	Baked Beans	Choice of Fruit	Fruit and Fruit Cups and
Choice of Fruit	Go Gurt Yogurt	Choice of Fruit	Choice of Fruit		Short Cut Carrots offered every day.
Cookie	Apple Slices	Dinner Roll	Sliced Bread		Alternate Main Dish
					Hot Dog w/bun
January 30, 2023	**January 31, 2023**	**February 1, 2023**	**February 2, 2023**	**February 3, 2023**	Wow P&J Sandwich
Assorted Breakfast Breads	Waffles	Sausage & Cheese Sandwich	Breakfast Donuts	Poptart & Yogurt	Elementary Chef Salad w/rolls
Mini Corn Dogs	Italian Sub Sandwich	Boneless Wings w/dinner roll	Penne Pasta w/meat sauce	Pepperoni Calzone	
Waffle Fries w/cheese	Starz Fries	BBQ Sauce	Romaine Salad	w/marinara sauce	All lunches must include a fruit or vegetable serving.
Choice of Fruit	Choice of Fruit	Baked Beans	Choice of Fruit	Seasoned Green Beans	Students must have a minimum of three components
	Cookie	Choice of Fruit	Garlic Bread	Choice of Fruit	on each tray.
					Substitution of items may be necessary
					due to deliveries.
		This Institution is an Equal Opportunity Provider			