

Book	Policy Manual
Section	Issue 3 of 2021 August PDQ (Revised)
Title	Health Education
Code	IGAE
Status	From OSBA

Health Education

The Board is committed to a sound, comprehensive health education program as an integral part of each student's general education. At a minimum, the health education program meets the requirements established by State law and includes instruction in nutrition; drugs, alcohol and tobacco, [including electronic smoking devices](#); venereal disease; personal safety and assault prevention (grades K-6); dating violence prevention (grades 7-12); prescription opioid abuse prevention and anatomical gifts ([organ and tissue donation](#)).

The Board believes that [anthe-greatest](#) opportunity for effective health education lies with the public schools because of the opportunity to reach almost all students at an age when positive, lifelong health, wellness and safety habits may be instilled.

The health education program emphasizes a contemporary approach to the presentation of health, wellness and safety information, skills and knowledge necessary for students to understand the functioning and proper care of the human body and tools for recognizing the characteristics of healthy relationships and the warning signs of dating violence.

In an effort to promote a relevant approach to the instruction of health education, the Board continues to stress the need for curricular, personnel and financial commitments to ensure a health education program of high quality in the public schools.

LEGAL REFS:

ORC 3313.60
 ORC 3313.666
 ORC 3319.073
 OAC 3301-35-04
 OAC 3301-35-06

CROSS REFS.: EB, Safety Program

EBC, Emergency Management and Safety Plans
 EFG, Student Wellness Program
 IGAF, Physical Education
 IGAG, Drugs, Alcohol and Tobacco Education
 IGAH, Family Life Education
 IGAI, Sex Education
 JFC, Student Conduct (Zero Tolerance)
 JFCF, Hazing and Bullying (Harassment, Intimidation and Dating Violence)
 JHF, Student Safety
 JHG, Reporting Child Abuse and Mandatory Training

NOTE: According to State law, the study of health education must include instruction in:

1. the nutritive value of foods, including natural and organically produced foods, the relation of nutrition to health and the use and effects of food additives;
2. the harmful effects of and legal restrictions against the use of drugs of abuse, alcoholic beverages and tobacco, [including electronic cigarettes](#);
3. venereal disease education (students may be excused from this instruction with a written request by parents);
4. personal safety and assault prevention for students in kindergarten through grade six (students may be excused from this instruction with a written request by parents);
5. age-appropriate instruction in dating violence prevention for students in grades 7 through 12 that must include recognizing the warning signs of dating violence and the characteristics of healthy relationships;
6. prescription opioid abuse prevention, with an emphasis on the prescription drug epidemic and the connection between prescription opioid abuse and addiction to other drugs, such as heroin and
7. the process of making an anatomical gift, with an emphasis on the life-saving and life-enhancing effects of organ and tissue donation.

In addition, upon written request to the building principal and within a reasonable amount of time, a parent of a student under 18 years old may examine the school's dating violence prevention materials at the school.

Legal	ORC 3313.60
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