

**OCTOBER MIDDLE SCHOOL MENU**

	October 1, 2024	October 2, 2024	October 3, 2024	October 4, 2024	Panther Notes
	<b>Pancakes</b>	<b>Egg &amp; Cheese Sandwich</b>	<b>Assorted Muffins, Cheese Stick</b>	<b>Breakfast Quesadilla</b>	<u>Lunch Prices</u>
	Salisbury Steak <b>Managers Choice of the Day</b> Mashed Potatoes w/ Gravy Choice of Fruit w/ Dinner Roll	Sausage, Egg and Cheese English Muffin <b>Managers Choice of the Day</b> Hash Browns Orange Juice Muffin	Boneless Wings Butter Garlic, BBQ, Hot <b>Managers Choice of the Day</b> Seasoned Green Beans Choice of Fruit w/ Dinner Roll	Pizza Bosco Breadsticks <b>Managers Choice of the Day</b> w/ marinara sauce Romaine Salad Choice of Fruit Brownie	Elementary and Primary \$3.00 High and Middle School \$3.25 Adult \$4.75 Milk \$.50
					<b>"Managers Choice of the Day"</b> Pizza, Hamburger, Cheese Burger, Mini Corn Dogs Chicken Patty Sandwich, Chicken Fingers, Boscós
October 7, 2024	October 8, 2024	October 9, 2024	October 10, 2024	October 11, 2024	
<b>Assorted Breakfast Breads</b>	<b>Waffles</b>	<b>Sausage &amp; Cheese Sandwich</b>	<b>Breakfast Donuts</b>	<b>No School</b>	<b>**Additional Main Dishes Offered**</b>
Oven Baked Chicken <b>Choice of Additional Main Dish</b> Seasoned Green Beans Choice of Fruit Slice of Bread w/butter	Patty Melt Lettuce, Tomato, Pickles, Onions <b>Choice of Additional Main Dish</b> French Fries Choice of Fruit Cookie	Macaroni & Cheese <b>Choice of Additional Main Dish</b> Broccoli Cornbread Choice of Fruit	Chicken Fingers w/sauces <b>Choice of Additional Main Dish</b> Baked Beans Choice of Fruit Dinner Roll		Panther Sandwiches Subs and Wraps Specialty Salads <b>Pasta Salad</b> Side Salads Short Cut Carrots Fruit Salads Assortment of Fresh Fruit, Fruit and Fruit Cups Yogurt Offered everyday. Condiments available
October 14, 2024	October 15, 2024	October 16, 2024	October 17, 2024	October 18, 2024	
<b>No School</b>	<b>No School</b>	<b>Turkey Ham &amp; Cheese Croissant</b>	<b>Assorted Muffins, Cheese Stick</b>	<b>Breakfast Quesadilla</b>	
		Mini Corn Dogs <b>Choice of Additional Main Dish</b> Waffle Fries with Cheese Choice of Fruit	Popcorn Chicken Bowl <b>Choice of Additional Main Dish</b> Mashed Potatoes - Corn Choice of Fruit Dinner Roll	Stuffed Crust Pizza <b>Choice of Additional Main Dish</b> Romaine Salad Choice of Fruit Pudding	<b>Breakfast is Served Everyday with a Choice of Fruit</b> <b>Juice</b> <b>Milk</b>
October 21, 2024	October 22, 2024	October 23, 2024	October 24, 2024	October 25, 2024	
<b>Assorted Breakfast Breads</b>	<b>Waffles</b>	<b>Bacon, Egg &amp; Cheese Sandwich</b>	<b>Breakfast Donuts</b>	<b>Poptart &amp; Yogurt</b>	
Cheese Quesadilla w/ Salsa <b>Choice of Additional Main Dish</b> Refried Beans Mexican Rice Choice of Fruit	Double Cheeseburger Lettuce, tomato, Onions <b>Choice of Additional Main Dish</b> Sweet Potato Fries Choice of Fruit	French Toast Sticks w/syrup <b>Choice of Additional Main Dish</b> Sausage Patties Potatoes Starz Orange Juice	Pizza Casserole <b>Choice of Additional Main Dish</b> Romaine Salad Choice of Fruit Breadstick	Chicken Nuggets <b>Choice of Additional Main Dish</b> Seasoned Green Beans Choice of Fruit Brownie	<b>Cereal Bowl and Bug bites</b> Offered Daily as an alternate *Cherrio's, *Honey Nut, Trix *Fruity Cheerios, Cinn. Toast Crunch Cocoa Puffs, *Lucky Charms, Mini Wheats Chocolate & Frosted * Gluten Free
October 28, 2024	October 29, 2024	October 30, 2024	October 31, 2024	November 1, 2024	
<b>Mini-Cinnis Rolls</b>	<b>Pancakes</b>	<b>Egg &amp; Cheese Sandwich</b>	<b>Assorted Muffins, Cheese Stick</b>	<b>Breakfast Quesadilla</b>	
Sloppy Joe <b>Choice of Additional Main Dish</b> Onion Rings Salad Mix Choice of Fruit	Grilled Cheese Sandwich Tomato Soup, pickles <b>Choice of Additional Main Dish</b> Baked Beans Choice of Fruit	Buffalo Bites <b>Choice of Additional Main Dish</b> Seasoned French Fries Choice of Fruit Dinner Roll	Eyeball Pasta <b>Choice of Additional Main Dish</b> Romaine Salad Choice of Fruit Breadstick Pumpkin Pie Cookie <small>(Spaghetti and meatballs)</small>	Pepperoni Pizza <b>Choice of Additional Main Dish</b> Green Beans Choice of Fruit	All lunches must include a fruit or vegetable serving. Students must have a minimum of three components on each tray.  Substitution of items may be necessary due to deliveries.