

OCTOBER HIGH SCHOOL MENU

	October 1, 2024	October 2, 2024	October 3, 2024	October 4, 2024	Panther Notes
	Pancakes Salisbury Steak Choice of Additional Main Dish Mashed Potatoes w/ Gravy Choice of Fruit w/ Dinner Roll	Egg & Cheese Sandwich Sausage, Egg and Cheese English Muffin Choice of Additional Main Dish Hash Browns Orange Juice Muffins	Assorted Muffins, Cheese Stick Boneless Wings Butter Garlic, BBQ, Hot Choice of Additional Main Dish Seasoned Green Beans Choice of Fruit w/ Dinner Roll	Breakfast Quesadilla Pizza Bosco Breadsticks Choice of Additional Main Dish w/ marinara sauce Romaine Salad Choice of Fruit Brownie	Lunch Prices Elementary and Primary \$3.00 High and Middle School \$3.25 Adult \$4.75 Milk \$.50 **Additional Main Dishes Offered** Fresh Baked Pizza Chicken Patty Sandwich Panther Sandwiches Subs and Wraps Specialty Salads Pasta Salad Side Salads Short Cut Carrots Fruit Salads Assortment of Fresh Fruit, Fruit and Fruit Cups g Offered everyday.
October 7, 2024	October 8, 2024	October 9, 2024	October 10, 2024	October 11, 2024	
Assorted Breakfast Breads Oven Baked Chicken Choice of Additional Main Dish Seasoned Green Beans Choice of Fruit 2 Slices of Bread w/butter	Waffles Patty Melt Lettuce, Tomato, Pickles, Onions Choice of Additional Main Dish French Fries Choice of Fruit Cookie	Sausage & Cheese Sandwich Macaroni & Cheese Choice of Additional Main Dish Broccoli Cornbread Choice of Fruit	Breakfast Donuts Chicken Fingers w/sauces Choice of Additional Main Dish Baked Beans Choice of Fruit Dinner Roll	No School	
October 14, 2024	October 15, 2024	October 16, 2024	October 17, 2024	October 18, 2024	
No School	No School	Turkey Ham & Cheese Croissant Mini Corn Dogs Choice of Additional Main Dish Waffle Fries with Cheese Choice of Fruit	Assorted Muffins, Cheese Stick Popcorn Chicken Bowl Choice of Additional Main Dish Mashed Potatoes - Corn Choice of Fruit Dinner Roll	Breakfast Quesadilla Pepperoni Calzone Choice of Additional Main Dish Romaine Salad Choice of Fruit Pudding	Condiments available in packets Breakfast is Served Everyday with Choice of Fruit Juice Milk Cereal Bowl and Bug bites Offered Daily as an alternate *Cherrio's, *Honey Nut, Trix *Fruity Cheerios, Cinn. Toast Crunch Cocoa Puffs, *Lucky Charms, Mini Wheats Chocolate & Frosted * Gluten Free
October 21, 2024	October 22, 2024	October 23, 2024	October 24, 2024	October 25, 2024	
Assorted Breakfast Breads Cheese Quesadilla w/ Salsa Choice of Additional Main Dish Refried Beans Mexican Rice Choice of Fruit	Waffles Double Cheeseburger Lettuce, tomato, Onions Choice of Additional Main Dish Sweet Potato Fries Choice of Fruit	Bacon, Egg & Cheese Sandwich French Toast Sticks w/syrup Choice of Additional Main Dish Sausage Patties Potatoes Starz Orange Juice	Breakfast Donuts Pizza Casserole Choice of Additional Main Dish Romaine Salad Choice of Fruit Breadstick	Poptart & Yogurt Chicken Nuggets Choice of Additional Main Dish Seasoned Green Beans Choice of Fruit Brownie	
October 28, 2024	October 29, 2024	October 30, 2024	October 31, 2024	November 1, 2024	
Mini-Cinnis Rolls Sloppy Joe Choice of Additional Main Dish Onion Rings Salad Mix Choice of Fruit	Pancakes Grilled Cheese Sandwich Tomato Soup, pickles Choice of Additional Main Dish Baked Beans Choice of Fruit	Egg & Cheese Sandwich Buffalo Bites Choice of Additional Main Dish Seasoned French Fries Choice of Fruit Dinner Roll	Assorted Muffins, Cheese Stick Eyeball Pasta Choice of Additional Main Dish Romaine Salad Choice of Fruit Breadstick  Pumpkin Pie Cookie (Spaghetti and meatballs) 	Breakfast Quesadilla Italian Beef Pepperoni Calzone Choice of Additional Main Dish Green Beans Choice of Fruit	All lunches must include a fruit or vegetable serving. Students must have a minimum of three components on each tray. Substitution of items may be necessary due to deliveries.

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