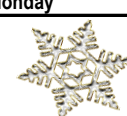
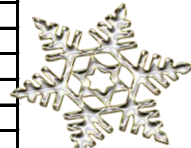
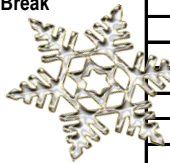
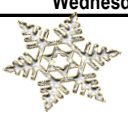






**January Lunch Menu
Middle School**

Monday	Tuesday	Wednesday	Thursday	Friday	Panther Notes
 	No School Winter Break 	 No School Winter Break 	 No School Winter Break 	 No School Winter Break	Lunch Prices H.S. & M.S. \$2.75 Elementary \$2.50 Reduced \$.40 Adult \$3.25 Milk \$.50 <u>Breakfast Served Daily</u> <u>In all buildings.</u> Breakfast Prices High School Breakfast \$1.75 Elementary/Middle \$1.50 Reduced Breakfast \$.30 Fat Free Chocolate, 1% white milk, skim milk offered every day. <u>Featuring Daily Choices of:</u> Panther Sandwiches Subs and Wraps Specialty Salads Side Salads Short Cut Carrots Fruit Salads Assortment of Fresh Fruit, Fruit and Fruit Cups Yogurt Offered every day. All lunches must include a fruit or vegetable serving. Students must have a minimum of three components on each tray. Substitution of items may be necessary due to deliveries. This Institution is an Equal Opportunity Provider
<u>Entrée Choices</u> Pretzel, Cheese Stick and Yogurt Mini Corn Dogs Chef Salad w/rolls <u>Served With</u> Green Beans Choice of Fruit	7 <u>Entrée Choices</u> Grilled Chicken Nuggets w/roll Pizza Bosco w/ marinara sauce Chef Salad w/rolls <u>Served With</u> Baked Beans Ranch Noodles Choice of Fruit	8 <u>Entrée Choices</u> Stuffed Crust Pizza Chicken Fingers w/dinner roll Chef Salad w/rolls <u>Served With</u> Spinach Salad Choice of Fruit	9 <u>Entrée Choices</u> Salisbury Steak w/gravy Chef Salad w/rolls <u>Served With</u> Mashed Potatoes Choice of Fruit Dinner Roll	10 <u>Entrée Choices</u> French Toast Sticks w/syrup Sausage Patties BBQ Wings Chef Salad w/rolls <u>Served With</u> Potatoes Starz Choice of Fruit or Orange Juice	4 11
<u>Entrée Choices</u> Soft Taco's Cheese Quesadilla w/marinara Chef Salad w/rolls <u>Served With</u> w/ lettuce/cheese Refried Beans Mexican Rice Sliced Apples & Cinnamon	14 <u>Entrée Choices</u> Popcorn Chicken Bowl Cheeseburger Chef Salad w/rolls <u>Served With</u> Mashed Potatoes - Corn Choice of Fruit Dinner Roll	15 <u>Entrée Choices</u> Deep Dish Pizza Chicken Hot Bites w/bread Chef Salad w/rolls <u>Served With</u> Spring Salad Mix/ w/garbanzo beans Choice of Fruit	16 <u>Entrée Choices</u> Shells & Cheese Chef Salad w/rolls <u>Served With</u> Seasoned Green Beans Dinner Roll Choice of Fruit	17 <u>Entrée Choices</u> Grilled Cheese Sandwich Chicken Noodle Soup Pepperoni Calzone Chef Salad w/rolls <u>Served With</u> Tator Tots Choice of Fruit	18
<u>No School</u> Martin Luther King Day	21 <u>Entrée Choices</u> Spaghetti w/meatball w/Texas Toast Chicken Patty Sandwich Chef Salad w/rolls <u>Served With</u> Iceberg Salad w/garbanzo beans Choice of Fruit	22 <u>Entrée Choices</u> Stuffed Crust Pizza Chicken Nuggets w/bread Chef Salad w/rolls <u>Served With</u> Seasoned Green Beans Choice of Fruit	23 <u>Entrée Choices</u> Chicken and Noodles Chef Salad w/rolls <u>Served With</u> Seasoned Peas Choice of Fruit S'mores Pudding Cups Dinner Roll	24 <u>Entrée Choices</u> Philly Steak & Cheese Sandwich Onions, Mushrooms Bosco Cheese w/marinara sauce Chef Salad w/rolls <u>Served With</u> French Fries Broccoli w/cheese Choice of Fruit	25
<u>Entrée Choices</u> Cheese Quesadilla w/salsa Chicken Fingers w/bread Chef Salad w/rolls <u>Served With</u> Fiesta Beans Choice of Fruit	28 <u>Entrée Choices</u> Chicken Parmesan Sandwich Chicken Hot Bites w/bread Chef Salad w/rolls <u>Served With</u> Romaine Salad Choice of Fruit	29 <u>Entrée Choices</u> Domino's Cheeseburger Chef Salad w/rolls <u>Served With</u> Green Beans Choice of Fruit Dinner Roll	30 <u>Entrée Choices</u> Boneless Wings Hot, Barbecue, Teriyaki, Ranch Chef Salad w/rolls <u>Served With</u> Curley Fries Choice of Fruit Dinner Roll	31 <u>Entrée Choices</u> Ham & Cheese Croissant Pizza Chef Salad w/rolls <u>Served With</u> Seasoned Corn Choice of Fruit Mini Rice Krispie Treats	1

