

January Lunch Menu High School

Monday	Tuesday	Wednesday	Thursday	Friday	Panther Notes
	No School Winter Break 	 No School Winter Break	 No School Winter Break	 No School Winter Break	Lunch Prices H.S. & M.S. \$2.75 Elementary \$2.50 Reduced \$.40 Adult \$3.25 Milk \$.50 <u>Breakfast Served Daily</u> <u>In all buildings</u> Breakfast Prices High School Breakfast \$1.75 Elementary/Middle \$1.50 Reduced Breakfast \$.30 Fat Free Chocolate, 1% white milk, skim milk offered every day. <u>Featuring Daily Choices of:</u> Panther Sandwiches Subs and Wraps Specialty Salads Side Salads Short Cut Carrots Fruit Salads Assortment of Fresh Fruit, Fruit and Fruit Cups Yogurt Offered every day. All lunches must include a fruit or vegetable serving. Students must have a minimum of three components on each tray. Substitution of items may be necessary due to deliveries. This Institution is an Equal Opportunity Provider
<u>Entrée Choices</u> Cheese Quesadilla w/salsa Chicken Patty Sandwich Fresh-Baked Pizza <u>Served With</u> Spring Salad Mix/ garbanzo beans Choice of Fruit	7 <u>Entrée Choices</u> French Toast Sticks w/syrup Sausage Links BBQ Wings Fresh-Baked Pizza <u>Served With</u> Potatoes Coins Choice of Fruit or Orange Juice	8 <u>Entrée Choices</u> Soft Taco's Buffalo Chicken Hot Bites w/bread Fresh-Baked Pizza <u>Served With</u> lettuce/cheese/Jalapeno/tomatoes Sour Cream, Refried Beans Dinner Roll Sliced Apples & Cinnamon	9 <u>Entrée Choices</u> Shells & Cheese Fresh-Baked Pizza <u>Served With</u> Seasoned Peas Dinner Roll Choice of Fruit	10 <u>Entrée Choices</u> Grilled Cheese Sandwich Chicken Noodle Soup BBQ Wings Fresh-Baked Pizza <u>Served With</u> Seasoned Green Beans Choice of Fruit Bread	
14 <u>Entrée Choices</u> Bosco Cheese Breadstick w/marinara sauce Chicken Patty Sandwich Fresh-Baked Pizza <u>Served With</u> Green Beans Choice of Fruit	15 <u>Entrée Choices</u> Popcorn Chicken Bowl Mini Corn Dogs Fresh-Baked Pizza <u>Served With</u> Mashed Potatoes - Corn Choice of Fruit Dinner Roll	16 <u>Entrée Choices</u> Boneless Wings Hot, Barbecue, Teriyaki, Ranch Chicken Patty Sandwich Fresh-Baked Pizza <u>Served With</u> Romaine Salad Choice of Fruit Dinner Roll	17 <u>Entrée Choices</u> Salisbury Steak w/gravy Fresh-Baked Pizza <u>Served With</u> Mashed Potatoes Choice of Fruit Sliced Bread S'mores Pudding Cups	18 <u>Entrée Choices</u> BBQ Rib Sandwich Chicken Patty Sandwich Fresh-Baked Pizza <u>Served With</u> Baked Beans Choice of Fruit	
21 No School Martin Luther King Day	22 <u>Entrée Choices</u> Spaghetti w/meatball w/ Texas Toast Grilled Chicken Nuggets w/bread Fresh-Baked Pizza <u>Served With</u> Spinach Salad Choice of Fruit	23 <u>Entrée Choices</u> Philly Steak & Cheese Sandwich Onions, Mushrooms Chicken Patty Sandwich Fresh-Baked Pizza <u>Served With</u> Baked Beans Choice of Fruit	24 <u>Entrée Choices</u> Double Cheeseburger Lettuce, Tomato, Onion BBQ Wings Fresh-Baked Pizza <u>Served With</u> Seasoned Green Beans Choice of Fruit Dinner Roll	25 <u>Entrée Choices</u> Cheesy Breadstick Chicken Patty Sandwich Fresh-Baked Pizza <u>Served With</u> w/marinara sauce French Fries Choice of Fruit	
28 <u>Entrée Choices</u> Mini Corn Dogs Chicken Patty Sandwich Fresh-Baked Pizza <u>Served With</u> Calico Beans Choice of Fruit Bread Funnel Cake	29 <u>Entrée Choices</u> Chicken Parmesan Sandwich Pepperoni Calzone Fresh-Baked Pizza <u>Served With</u> Iceberg Lettuce Salad Choice of Fruit	30 <u>Entrée Choices</u> Chicken and Noodles Fresh-Baked Pizza <u>Served With</u> Seasoned Green Beans Choice of Fruit Dinner Roll Brownie w/icing	31 <u>Entrée Choices</u> Beef Teriyaki Dippers Steamed White Rice Fresh-Baked Pizza <u>Served With</u> Broccoli Choice of Fruit Sliced Bread	1 <u>Entrée Choices</u> Ham & Cheese Croissant Chicken Patty Sandwich Fresh-Baked Pizza <u>Served With</u> Scalloped Potatoes Choice of Fruit Mini Rice Krispie Treats	

